

Liefde DOEN

versus

“dis my reg om te ontvang”





**“It’s mine!
Mine mine mine
mine mine
mine!”**



Romeine 12: 3 (a)

***Want deur die genade wat aan my gegee is,
sê ek vir elkeen wat onder julle is, dat hy nie
van homself meer moet dink as wat 'n mens
behoort te dink nie.***



*“Entitlement
is primarily
a learned
behavior.”*



Jason Dorsey
#SpeakerGLS19



Gevolge:

- Hoogmoed
- Arrogansie - Narsisme (selfgerig, hooghartig)
- Verhoudingschaos (huwelik, gesin, werk, vriendskappe)
- Hele tyd teleurgesteld

- Ontmagtig jouself of so 'n kind! Geluk die hele tyd in iemand anders se hande
- Unrealistiese verwagtinge van ander – *moan* en ongelukkig
- Slagoffer van alles en almal (*victim*)

Die verhaal van Laura Schroff

- Advertensie agent: Ms. (*1972: gender equality – veral corporate*)
- *USA Today: sell millions of dollars worth of advertising*
- *Guided by love and care*



adidas

"Complex and compellingly honest, transparent, and
the book is capable of moving you both to and from..."
—Lisa Schwarzbaum, author of *The Glamour Game*

NEW YORK
TIMES
BESTSELLER

AN
INVISIBLE
THREAD

LAURA SCHROFF and ALEX TRESNIOWSKI

Maurice

The boy is struck in something like hell. He is six years old and covered in small red bites from chinchas – bedbugs – and he is woefully skinny and malnourished. He is so hungry his stomach hurts, but then being hungry is nothing new to him. When he was two years old pangs got so bad he rooted through the trash and ate rat droppings and have to have his stomach pumped.

Maurice se pa en ma

Morris and Darcella were both too explosive, too much like each other.

The language his parents understood best was a discourse of violent action, not words. Morris, in particular, was a heavy drug user and an alcoholic, and coke, dope and Wild Irish Rose easily triggered his rages. When he came home at all, it was to rail at his family with both curses and fists.

- Maurice en sy ma gereeld geweldig aangerand
- Die mesgeveg – Maurice was 5
- Al sy ooms: *drug dealers* en een gebruik net dwelms
- Een van twee geskenke in sy lewe: dagga zol van ouma

Die ontmoeting

- Ouderdom 11
- Straathoek – bedel vir geld
- *I ignored him, very simply, because he wasn't in my schedule.*
- *“If you're hungry, I said, I'll take you to McDonalds and buy you lunch.....We had lunch together that day at McDonald's. And and after that we got together every Monday for the next 150 Mondays.*



Wat wil jy van my hê?

Maurice looked at me with his big round eyes and said nothing. He seemed confused, even startled.

*I slowed down my movements so he could see.
Once again, I didn't say anything – I didn't give
him a lesson. I simply let him learn by watching.*

Al die eerstes:

- Eerste persoon met 'n werk
- Eet met mes en vurk
- Weet nie wat eet mens wanneer nie (bv eiers)
- 1st *baseball game*
- Eerste volwassene wat niks van hom wil hê nie
- Dek tafel
- Eet by 'n tafel – ook saam met 'n familie
- Seep, tandeborsel, handdoek

- Blaas sy neus vir eerste keer
- Middagete in 'n papiersak
- Geen horlosie
- Eerste keer buite NY
- Eerste fiets
- Kersgeskenk
- Resep vir 'n koek
- Houer met kleingeld – leer spaar



Wat om te doen?

**Hoe kweek ons GEE by jongmense en
onself?**

(1) Sê meer “NEE”

- Hoekom bang?
- Kind gaan nie daarvan hou nie – ongewild?
- Ook “NEE” vir jouself - selfbeheersing



(2) Wet van uitgestelde voordeel

- “Die lewe skuld my” is nie bereid om te wag nie – *instant gratification*
- “Nee” nou en pluk die vrugte later = groot waarde in enige mens se lewe

Victoria Prooday (M-graad Arbeidsterapeut,
Toronto en B.Sc van York University)

To be able to delay gratification means to be able to function under stress. Our children are gradually becoming less equipped to deal with even minor stressors, which eventually become huge obstacles to their success in life.

(3) Jy verdien niks: Lewensbeginsel

Lukas 17: 10:

So is dit ook met julle: as julle alles gedoen het wat aan julle opgedra is, sê dan: Ons is slawe wat niks verdien nie. Ons het gedoen wat ons verplig was om te doen.

John Townsend:

“Ek verdien” ontmagtig jou. “Ek het ‘n verantwoordelikheid” bemagtig jou.



(4) Stap vir stap en stukkie vir stukkie

- Henry Cloud

Wanting it all keeps you from having any.

- Bv legkaart – ons soek die legkaart: NOU en reeds klaar gebou

Henry Ford:
***Nothing is particularly
hard if you divide it into
small jobs.***



(5) Doen moeilike, harde dinge eerste

- Mark Batterson: *Eat the frog*

- ***Failing Forward***: Aan die anderkant van die harde, die opoffering, die gee, lê sukses

(6) Raak betrokke by diensprojekte

Jesus praat met ons daaroor in Johannes 13: 14:

As Ek, wat julle Here en julle Leermeester is, dan julle voete gewas het, behoort julle ook mekaar se voete te was.

- Ouetehuis, kinderruis, plakkerskamp, sopkombuis, eensames of hospitaal

(7) Hou op om alles vir jou kind te doen

Stef Daniel, outeur en ma van vier:

Learned helplessness

State of constant neediness

Disempowerment

(8) Hou op om jou kind in te stop, bederf

- Een oorsese vakansie na die ander,
- Ontwerpersklere of net “brands”, *brands*, luukshede
- “My kind hou nie van groente nie”. “My kind kind hou nie van vroeg bed toe gaan nie.” “My kind hou nie van ontbyt eet nie.”

(9) Die lewe is nie regverdig nie

- Dankie tog dit is nie regverdig nie
(Evangelie en genade – 2 Kor 5: 21)
- Daarom, wees eerste: onverdiend

